

Monday

Tuesday

Wednesday

Thursday

Friday



# April 2023

<p><b>10:00</b> Enhance Fitness  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>12:00</b> <b>Red Hats Meeting</b>  <b>12:30</b> Bridge  <b>1:00</b> Medicine Circle  <b>1:30</b> Shakespeare Sessions  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>3</b></p>	<p><b>9:00</b> SeaMar  <b>9:00</b> Pinochle  <b>10:00</b> Watercolor Painting &amp; Drawing  <b>10:00</b> Massage Therapy  <b>10:00</b> French <b>*Digital Support Day*</b>  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>1:00</b> Chair Yoga  <b>1:00</b> Scrabble Games</p> <p style="text-align: right;"><b>4</b></p>	<p><b>9:00</b> Pinochle  <b>10:00</b> Enhance Fitness  <b>10:00</b> Italian Language  <b>11:00</b> Daily Balance  <b>11:00</b> Bible Study  <b>12:00</b> Community Dining / <b>12:00</b> Massage  <b>1:00</b> Seattle Rep / <b>1:00</b> Acrylic Painting  <b>1:00</b> William's Walkers <b>4:30</b> Happy Hour  <b>1:30</b> Ping Pong  <b>2:30</b> <b>Tech Talk: Email</b></p> <p><b>10:00 - 2:00</b>  <b>AARP Tax Prep</b>  <i>*Wednesday afternoons</i>  <b>Digital Support*</b></p> <p style="text-align: right;"><b>5</b></p>	<p><b>10:00</b> <b>Financial Services</b>  <b>10:00</b> Current Events  <b>11:00</b> Daily Balance  <b>11:00</b> Chair Yoga  <b>12:00</b> <b>Passover Luncheon</b>  <b>1:00</b> <b>Haircut Salon</b>  <b>1:00</b> Scrabble Games</p> <p style="text-align: right;"><b>6</b></p>	<p><b>10:00</b> <b>Trip: Seattle Asian Art Museum</b>  <b>10:00</b> Enhance Fitness  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>12:30</b> Bridge  <b>1:30</b> <b>Egg Decoration/ Basket Building</b>  <b>1:30</b> Fiber Arts Circle  <b>1:30</b> Bead Works Group  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>7</b></p>
<p><b>10:00</b> Enhance Fitness  <b>10:30</b> <b>Low Vision Support</b>  <b>11:00</b> Daily Balance  <b>12:00</b> <b>Easter Lunch</b>  <b>12:30</b> Bridge  <b>1:30</b> Shakespeare Sessions  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>10</b></p>	<p><b>9:00</b> SeaMar  <b>9:00</b> Pinochle  <b>10:00</b> Watercolor Painting &amp; Drawing  <b>10:00</b> Massage Therapy  <b>10:00</b> French <b>*Digital Support Day*</b>  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>1:00</b> Chair Yoga  <b>1:00</b> Scrabble Games  <b>2:00</b> <b>Chess Matches</b></p> <p style="text-align: right;"><b>11</b></p>	<p><b>9:00</b> Pinochle  <b>10:00</b> Enhance Fitness  <b>10:00</b> Italian Language  <b>11:00</b> Daily Balance  <b>11:00</b> Bible Study  <b>12:00</b> Community Dining / <b>12:00</b> Massage  <b>1:00</b> Seattle Rep / <b>1:00</b> Acrylic Painting  <b>1:00</b> William's Walkers <b>4:30</b> Happy Hour  <b>1:30</b> Ping Pong  <b>2:30</b> <b>Android Learning</b></p> <p><b>*Foot Care Day*</b>  <b>10:00 - 2:00</b>  <b>AARP Tax Prep</b></p> <p style="text-align: right;"><b>12</b></p>	<p><b>10:00</b> Current Events  <b>11:00</b> Daily Balance  <b>11:00</b> Chair Yoga  <b>12:00</b> Community Dining  <b>1:00</b> Scrabble Games  <b>1:15</b> <b>Movie Matinee:</b>  <i>The Fabelmans, 2022</i>  <b>3:30</b> <b>Legal Consultation</b></p> <p style="text-align: right;"><b>13</b></p>	<p><b>10:00</b> Enhance Fitness  <b>10:30</b> <b>Adult Coloring &amp; Paper Craft</b>  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>12:30</b> Bridge  <b>1:30</b> Fiber Arts Circle  <b>1:30</b> Bead Works Group  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>14</b></p>
<p><b>9:00</b> <b>Trip: Tulip Festival</b>  <b>10:00</b> Enhance Fitness  <b>11:00</b> Daily Balance  <b>11:30</b> <b>Parkinson's Support</b>  <b>12:00</b> Community Dining  <b>12:30</b> Bridge  <b>1:00</b> Medicine Circle  <b>1:30</b> Shakespeare Sessions  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>17</b></p>	<p><b>9:00</b> SeaMar  <b>9:00</b> Pinochle  <b>10:00</b> Watercolor Painting &amp; Drawing  <b>10:00</b> Massage Therapy  <b>11:00</b> Daily Balance <b>*Digital Support Day*</b>  <b>12:00</b> Community Dining  <b>12:30</b> <b>Travel Adventure: Nepal</b>  <b>1:00</b> Chair Yoga  <b>1:00</b> Scrabble Games  <b>2:00</b> Chess Matches</p> <p style="text-align: right;"><b>18</b></p>	<p><b>9:00</b> Pinochle  <b>10:00</b> Enhance Fitness  <b>10:00</b> Italian Language  <b>11:00</b> <b>WeCare Talk: Let Go of Stress!</b>  <b>11:00</b> Daily Balance / <b>11:00</b> Bible Study  <b>12:00</b> Community Dining / <b>12:00</b> Massage  <b>12:00-2:00</b> <b>WeCare Medicare Office Hours</b>  <b>1:00</b> Seattle Rep / <b>1:00</b> Acrylic Painting  <b>1:00</b> William's Walkers <b>4:30</b> Happy Hour  <b>1:30</b> Ping Pong  <b>2:30</b> <b>That 'Cloudy' Thing</b></p> <p><b>11:00</b> Bible Study  <b>12:00</b> Massage  <b>1:00</b> Acrylic Painting  <b>4:30</b> Happy Hour  <b>5:00</b> Dinner  <b>6:30</b> Bingo</p> <p style="text-align: right;"><b>19</b></p>	<p><b>10:00</b> Current Events  <b>11:00</b> Daily Balance  <b>11:00</b> Chair Yoga  <b>12:00</b> Community Dining  <b>1:00</b> <b>Haircut Salon</b>  <b>1:00</b> Scrabble Games  <b>1:15</b> <b>Movie Matinee:</b>  <i>Navalny, 2022</i></p> <p style="text-align: right;"><b>20</b></p>	<p><b>*Foot Care Day*</b>  <b>10:00</b> Enhance Fitness  <b>10:30</b> Adult Coloring &amp; Paper Craft  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>12:30</b> Bridge  <b>1:30</b> Fiber Arts Circle  <b>1:30</b> Bead Works Group  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>21</b></p>
<p><b>10:00</b> Enhance Fitness  <b>10:30</b> <b>History Book Group</b>  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>12:30</b> Bridge  <b>1:30</b> <b>Caregiver Support</b>  <b>1:30</b> Shakespeare Sessions  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>24</b></p>	<p><b>9:00</b> SeaMar  <b>9:00</b> Pinochle  <b>10:00</b> Watercolor Painting &amp; Drawing  <b>10:00</b> Massage Therapy  <b>10:00</b> French <b>*Digital Support Day*</b>  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>1:00</b> Chair Yoga / <b>1:00</b> Scrabble Games  <b>2:00</b> Chess Matches  <b>2:30</b> <b>Veteran's Yoga</b></p> <p style="text-align: right;"><b>25</b></p>	<p><b>9:00</b> Pinochle  <b>10:00</b> Enhance Fitness  <b>10:00</b> Italian Language  <b>11:00</b> Daily Balance  <b>11:00</b> Bible Study  <b>12:00</b> Community Dining / <b>12:00</b> Massage  <b>1:00</b> Seattle Rep / <b>1:00</b> Acrylic Painting  <b>1:00</b> William's Walkers <b>4:30</b> Happy Hour  <b>1:30</b> Ping Pong  <b>2:30</b> <b>iOS Learning</b></p> <p><b>12:00</b> Massage  <b>1:00</b> Acrylic Painting  <b>4:30</b> Happy Hour  <b>5:00</b> Dinner  <b>6:30</b> Bingo</p> <p style="text-align: right;"><b>26</b></p>	<p><b>10:00</b> Current Events  <b>11:00</b> Daily Balance  <b>11:00</b> Chair Yoga  <b>12:00</b> Community Dining  <b>12:30</b> <b>ABLE Meeting</b>  <b>1:00</b> <b>Earth Day/Arbor Day Musicale</b>  <b>1:00</b> Scrabble Games  <b>3:30</b> <b>Legal Consultation</b></p> <p style="text-align: right;"><b>27</b></p>	<p><b>10:00</b> Enhance Fitness  <b>10:30</b> Adult Coloring &amp; Paper Craft  <b>11:00</b> Daily Balance  <b>12:00</b> Community Dining  <b>12:30</b> Bridge  <b>1:00</b> <b>UAP/UFO Update</b> w/Anthony  <b>1:30</b> Fiber Arts Circle  <b>1:30</b> Bead Works Group  <b>1:30</b> Ping Pong</p> <p style="text-align: right;"><b>28</b></p>